

# THE INTERRUPTED PATH

*Chief of Start-Ups & Scale-Ups*

**Alan Tang**

**Showing the courage to start a career journey again to pursue new skills and learning**

Watch Alan's story on [Youtube](#)

Or listen to it by clicking here: [!\[\]\(e3f8612927870f2e0f9f5989e6dd3064\_img.jpg\)](#)

## **Lesson Seed: Combining Careers, Personal Development, and Personal, Social, Health**

### **Objective:**

- Students will be able to analyze the career trajectory of Alan Tang and identify key decision points in his journey.
- Students will be able to evaluate the importance of personal growth and adaptability in career development.
- Students will be able to reflect on the significance of seeking mentorship and seizing new opportunities in achieving career goals.

### **Prior Knowledge:**

- Understanding of basic career development concepts.
- Familiarity with the importance of personal growth and adaptability in career success.
- Knowledge of mentorship and its impact on career progression.

### **Cue Sets:**

1. Listen to Alan Tang's interview and identify key milestones in his career journey.
2. Reflect on a time when you had to make a significant career-related decision and share it with a partner.
3. Discuss the importance of mentorship in career development with a small group.

## Education Allies

### **Direct Instruction Strategies:**

1. Present Alan Tang's career trajectory through a visual timeline.
2. Facilitate a class discussion on the significance of personal growth and adaptability in career development.
3. Showcase examples of successful mentor-mentee relationships in the culinary industry.

### **Practice Assignments:**

1. Write a reflective journal entry on a time when you had to step out of your comfort zone to pursue a career goal.
2. Role-play a mentor-mentee interaction focusing on seeking guidance for career advancement.
3. Create a vision board outlining your long-term career aspirations and the steps needed to achieve them.

### **Team-Based Activities:**

1. Brainstorm innovative ways to combine different career paths for a holistic approach to personal development.
2. Develop a group presentation on the benefits of networking and seizing new opportunities in career growth.
3. Collaborate on a case study analysis of a successful entrepreneur's journey, highlighting key lessons learned.

### **Deep Questions:**

1. How can personal growth and adaptability impact career success in today's rapidly changing job market?
2. What role does mentorship play in shaping one's career trajectory, and how can students seek out valuable mentorship opportunities?
3. In what ways can combining diverse career paths enhance personal development and overall well-being in the long run?